

## Multisystemic Therapy Intervention for Adolescent's Girls with Conduct Disorder Incarcerated in Selected Rehabilitation Centers in Kenya

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### ABSTRACT

The aim of this study was to show efficacy of Multisystemic Therapy (MST) on conduct disorder among juvenile girls incarcerated in rehabilitation centers in Kenya. The study investigated effectiveness of MST on conduct disorder. It is important to note that behavioral and emotional problems are among the main occurring mental disorders among juvenile girls incarcerated at Kirigiti and Dagoretti rehabilitation centers. The study sample had a total of 78 purposely selected girls in the two rehabilitation centers. Social demographic questionnaires and Achenbach Youth Self – Report were administered to the respondents. The prevalence of conduct disorder was 55.%. In the experimental group, the study shows statistically significant difference in mean difference scores at both post-treatments one and two ( $p < 0.001$ ). This therefore is an indication that MST had an impact on post treatments one and two among the juvenile delinquents in the experimental group as opposed to control group. The results provide significant insights into effectiveness of MST on conduct disorder among juvenile girls incarcerated in rehabilitation schools.

**Key words:** Multisystemic Therapy, conduct disorder, Kirigiti, Dagoretti, Incarceration, Rehabilitation.